1. Calling 999

**Group size**



Small groups or whole group

**Suggested timing**

10 minutes

**Method**



Discussion

**What you need**

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Pens and paper

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Learner skill guide – calling 999

Learning objectives

* Learn how to safely get help in an emergency, including calling 999
* Feel confident to help someone who needs first aid
* Learn how to keep yourself and others safe

## Overview

In this activity, learners think about who to call for help when someone has a first aid emergency.

## Preparation

Ensure there are pens and paper for the learners to use if you choose to run the activity in small groups. Share the learner skill guide – calling 999 by printing out or showing on a screen (available on the [Calling 999 web page](https://firstaidchampions.redcross.org.uk/secondary/safety-and-wellbeing/calling-999-secondary/) as a download).

## Delivering the activity

1. Ask learners, ‘**How would you get help if you thought a person needed more urgent medical help than you could provide?**’ Learners could write their thoughts down in groups and add to them through the discussion or this could be a whole group discussion.
2. To develop the discussion, use the suggested prompt questions below:
* What can you do if you find someone who needs help in a first aid emergency and you don’t feel able to give it?
* Who can you always call for help in a first aid situation?
* What would you do if you were alone with someone that needed immediate medical attention? e.g. someone who had cut themselves badly, broken a bone, was unresponsive and not breathing, etc.
1. Share the learner skill guide – calling 999 and discuss the steps to take – ensure leaners know that they can always get help through dialing 999.

## Summing up

Discuss the types of first aid emergency that might mean needing to call 999, refer to the [First aid skill section](https://firstaidchampions.redcross.org.uk/secondary/first-aid-skills/unresponsive-and-not-breathing-when-an-aed-is-available/) of the website. Then move onto the Practise calling 999 activity on the [Calling 999 web page](https://firstaidchampions.redcross.org.uk/secondary/safety-and-wellbeing/calling-999-secondary/).