



Helping someone who has swallowed something harmful (poisoning)

Key action:

Find out what they have taken, when they took it and how much.



Recognise what to do:

There may be empty containers nearby.
They may vomit and have stomach pain.

Steps to take:

Find out what they have taken, when they took it and how much.
Call 999 or get someone else to do it.

Supporting knowledge:

The medical staff will need to know this to be able to help them.
The substance could be extremely harmful and the person may need urgent medical attention.