#### Links to the National Curriculum in England - secondary

First aid champions can be delivered as a minimum of two sessions, or over multiple sessions. The toolkit style resource is designed for you to pick and choose content to tailor the sessions to your classes.

Choose activities from the following modules:

* Introduction – choose from [introductory activities on the homepage](https://firstaidchampions.redcross.org.uk/secondary/) and on the landing pages of each module
* [First aid skills](https://firstaidchampions.redcross.org.uk/secondary/first-aid-skills/) – chose from 17 first aid skills relevant to young people
* [Helping](https://firstaidchampions.redcross.org.uk/secondary/helping-others/) others – explore the bystander effect, what inspires people to help and the qualities of those who help others
* [Safety and well-being](https://firstaidchampions.redcross.org.uk/secondary/safety-and-wellbeing/) – learn coping skills, explore how to stay safe and well when helping others, and how to call for help
* Explore ideas for young people to [remember and then share](https://firstaidchampions.redcross.org.uk/secondary/share-and-remember/) their learning with others.

First aid champions contributes to elements of the National Curriculum. By taking part in First aid champions, young people can develop their learning in the following subject areas; below are suggested curriculum subject and programme of study links.

|  |  |  |
| --- | --- | --- |
| Health:  Physical health and mental wellbeing | | Literacy |
| Basic first aid   * basic treatment for common injuries. * life-saving skills, including how to administer CPR\* * the purpose of defibrillators and when one might be needed.   \*called chest compression in the resource | Mental wellbeing   * how to talk about their emotions accurately and sensitively, using appropriate vocabulary. | * develop the habit of reading widely and often, for information * acquire a wide vocabulary * use discussion in order to learn; they should be able to elaborate and explain clearly their understanding and ideas * are competent in the arts of speaking and listening, making formal presentations, demonstrating to others and participating in debate |

# Pupils with special educational needs and disabilities (SEND)

# This resource is designed to be differentiated to learners’ needs. The toolkit approach enables teachers of pupils with SEND to tailor content to their group’s needs. The resources are inclusive to ensure young people feel connected to the content.

# SMSC pupil development in England

# First aid champions contributes to young people’s spiritual, moral, social and cultural development.

**Spiritual**

An ability to show courage and persistence.

**Moral**

A respect for others’ needs, interests and feelings, as well as their own.

**Social**

Show respect for people, property and environment.

**Cultural**

Understand different ways of responding and coping with an emergency.