#### Links to the curriculum in Wales - secondary

First aid champions can be delivered as a minimum of two sessions, or over multiple sessions. The toolkit style resource is designed for you to pick and choose content to tailor the sessions to your classes.

Choose activities from the following modules:

* Introduction – choose from [introductory activities on the homepage](https://firstaidchampions.redcross.org.uk/secondary/) and on the landing pages of each module
* [First aid skills](https://firstaidchampions.redcross.org.uk/secondary/first-aid-skills/) – chose from 17 first aid skills relevant to young people
* [Helping](https://firstaidchampions.redcross.org.uk/secondary/helping-others/) others – explore the bystander effect, what inspires people to help and the qualities of those who help others
* [Safety and well-being](https://firstaidchampions.redcross.org.uk/secondary/safety-and-wellbeing/) – learn coping skills, explore how to stay safe and well when helping others, and how to call for help
* Explore ideas for young people to [remember and then share](https://firstaidchampions.redcross.org.uk/secondary/share-and-remember/) their learning with others.

First aid champions contributes to elements of the Welsh Curriculum. By taking part in First aid champions, young people can develop their learning in the following subject areas; below are suggested curriculum links.

|  |  |
| --- | --- |
| Personal and social education: Health and emotional well-being | Literacy |
| * display a responsible attitude towards keeping the mind and body safe and healthy and accept responsibility for this * develop positive attitudes towards themselves and others * understand the range of emotions they experience and how to develop strategies for coping * the benefits of accessing different sources of information, support and advice | * Present, talk and perform in formal and informal contexts and for a variety of audiences including teachers, peers, younger/older learners, familiar and unfamiliar adults. * Respond orally to a variety of stimuli and ideas, including written and dynamic texts. * Read a wide range of continuous and non-continuous texts, in printed and dynamic format, as a basis for oral and written responses. |

# Pupils with special educational needs (SEN)

# This resource is designed to be differentiated to learners’ needs. The toolkit approach enables teachers of pupils with SEN to tailor content to their group’s needs. The resources are inclusive to ensure young people feel connected to the content.

# The four purposes of the curriculum in Wales

# First aid champions contributes to learners’ development of the four purposes of the new curriculum in Wales that will come into place from 2022.

**Ambitious, capable learners**

Building up a body of knowledge and have the skills to connect and apply that knowledge in different contexts.

Questioning and enjoy solving problems.

Can communicate effectively in different forms and settings.

Can explain the ideas and concepts they are learning about.

Ready to learn throughout their lives.

**Healthy, confident individuals**

Building their mental and emotional well-being by developing confidence, resilience and empathy.

Know how to find the information to keep safe and well, and manage risk.

Have the skills and knowledge to manage everyday life as independently as they can and are ready to lead fulfilling lives as valued members of society.

Think creatively to reframe and solve problems.

**Enterprising, creative contributors**

Take measured risks.

Ready to play a full part in life and work.

Understand and consider the impact of their actions when making choices and acting.

**Ethical, informed citizens**

Respect the needs and rights of others, as a member of a diverse society.