



Burns



Role play cards: **Burns**

What's happening?

A parent is cooking a family dinner. The kitchen is busy and noisy with people walking in and out all the time. The meal is almost ready to serve - the vegetables just need draining. Everyone is in a rush to eat as both children have evening clubs to get to.

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Ideas for staging

- Create a kitchen scene by rearranging tables to use as worktops.
- Put a pot and some cling film in your kitchen scene. Don't fill the pot with water.
- Start with the parent turning off the hob under the hot pan of vegetables.
- Below are a range of roles - in small groups, each choose a character to play. Ensure each person in the group has a chance to play the role of each character. Or, read through the scenario as a story.
- Spend time getting in and out of role.
- Afterwards, spend some time discussing the story. You could think about:
 - What happened to the person has a burn? What signs of a burn did they show?
 - How did the helper help them?
 - What did the bystander do? What could they do in future to become a helper?

Roles

Debrief

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Runner

This person is serving up dinner for their family. They take a large pan off the cooker and move towards the sink to drain it. The pan is full of vegetables in boiling water - so it's really hot.

One of their children accidentally knocks into them. They drop the pan, spilling the extremely hot water down their leg and over the kitchen floor.

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Helper

This person is walking into the kitchen to give their parent a hand preparing dinner.

Their sibling rushes in to kitchen and knocks their parent just as they are about to drain the vegetable pan. The boiling water spills down their parent's leg and all over the floor. Their parent is in a lot of pain and very upset. There is a sink in the kitchen, but there is also a shower in the downstairs bathroom. They help take their parent to the bathroom and rinse their leg under the cold shower head for 20 minutes. They reassure their parent and tell them it will be okay.

They know there is cling film back in the kitchen.

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Bystander

This person is hungry and want to eat dinner quickly and get out to their club. They are moving quickly through the kitchen and knock into their parent while they are holding the vegetable pan. Their parent drops the pan and boiling water spills over their leg and the floor.

