#### Links to the National Curriculum in England - primary

First aid champions can be delivered as a minimum of two sessions, or over multiple sessions. The toolkit style resource is designed for you to pick and choose content to tailor the sessions to your classes.

Choose activities from the following modules:

* Introduction – choose from [introductory activities on the homepage](http://www.firstaidchampions.redcross.org.uk/primary) and on the landing pages of each module
* [First aid skills](http://www.firstaidchampions.redcross.org.uk/primary/first-aid-skills) – learn and practise eight first aid skills relevant to children
* [Kindness and coping](http://www.firstaidchampions.redcross.org.uk/primary/kindness-and-coping) – learn and practise how to help others and keep calm
* [Safety](http://www.firstaidchampions.redcross.org.uk/primary/safety) – learn and practise how to stay safe while helping others
* Explore ideas for children to [share](http://www.firstaidchampions.redcross.org.uk/primary/share) their learning with others.

First aid champions contributes to elements of the National Curriculum. By taking part in First aid champions, children can develop their learning in the following subject areas; below are suggested curriculum subject and programme of study links.

|  |  |
| --- | --- |
| Health:Physical health and mental wellbeing | Literacy |
| Basic first aid* how to make a clear and efficient call to emergency services if necessary.
* concepts of basic first-aid, for example dealing with common injuries, including head injuries.
 | Mental wellbeing* that there is a normal range of emotions (e.g. happiness, sadness, anger, fear, surprise, nervousness) and scale of emotions that all humans experience in relation to different experiences and situations.
* how to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others’ feelings.
* how to judge whether what they are feeling and how they are behaving is appropriate and proportionate.
 | * Pupils should become more familiar with and confident in using language in a greater variety of situations, for a variety of audiences and purposes, including through drama, formal presentations and debate.
* Developing their knowledge and skills in reading non-fiction about a wide range of subjects.
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# Pupils with special educational needs and disabilities (SEND)

# This resource is designed to be differentiated to learners’ needs. The toolkit approach enables teachers of pupils with SEND to tailor content to their group’s needs. The resources are inclusive to ensure children feel connected to the content.

# SMSC pupil development in England

# First aid champions contributes to children’s spiritual, moral, social and cultural development.

**Spiritual**

An ability to show courage and persistence.

**Moral**

A respect for others’ needs, interests and feelings, as well as their own.

**Social**

Show respect for people, property and environment.

**Cultural**

Understand different ways of responding and coping with an emergency.