



# Broken bone



Role play cards: **Broken bone**

## What's happening?

Two young people are riding to school on their bikes. The bike lane is on a pavement and it's really busy this morning.

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## Ideas for staging

- Wear coats or other clothing you could use as padding and support.
- Mock up some sets of handlebars using cardboard.

## Roles

- Below are a range of roles - in small groups, each choose a character to play. Ensure each person in the group has a chance to play the role of each character. Or, read through the scenario as a story.
- Spend time getting in and out of role.

## Debrief

- Afterwards, spend some time discussing the story. You could think about:
  - What happened to the person who had a broken bone? What signs of a broken bone did they show?
  - How did the helper help them?
  - What did the bystander do? What could they do in future to become a helper?

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## Rider who falls

This person is cycling in the bike lane when without warning a person walks in front of them. They swerve to avoid them and lose control of their bike. They fall and land heavily on their arm.

Their forearm is in a lot of pain. It doesn't look normal and seems bent. When they try to move, it really hurts.

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## Helper

This person is walking to school, when they step into the bike lane without thinking. A cyclist almost hits them but swerves to avoid them. The cyclist falls off the bike and injures their arm.

They are really apologetic. They talk to the cyclist to find out whether they are hurt. Their forearm doesn't look normal and seems bent. They take off their coat and create a kind of cushion for the cyclist to rest his arm on. They know the hospital is really close by and offers to help him walk to A&E.

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## Bystander

This person is cycling behind their friend when a person suddenly walks in front of them. Their friend swerves to avoid hitting them and falls off their bike.

They realise that your friend has hurt their arm. They are angry that this person has caused the accident – they did step into the bike lane after all. They start shouting at the person who walked in front of their friend.

