#### Links to the curriculum in Northern Ireland - primary

First aid champions can be delivered as a minimum of two sessions, or over multiple sessions. The toolkit style resource is designed for you to pick and choose content to tailor the sessions to your classes.

Choose activities from the following modules:

* Introduction – choose from [introductory activities on the homepage](http://www.firstaidchampions.redcross.org.uk/primary) and on the landing pages of each module
* [First aid skills](https://firstaidchampions.redcross.org.uk/primary/first-aid-skills/) – learn and practise eight first aid skills relevant to children
* [Kindness and coping](https://firstaidchampions.redcross.org.uk/primary/kindness-and-coping/) – learn and practise how to help others and keep calm
* [Safety](https://firstaidchampions.redcross.org.uk/primary/safety/) – learn and practise how to stay safe while helping others
* Explore ideas for children to [share](https://firstaidchampions.redcross.org.uk/primary/share/) their learning with others.

First aid champions contributes to elements of the Curriculum in Northern Ireland. By taking part in First aid champions, children can develop their learning in the following subject areas; below are suggested curriculum links.

|  |  |
| --- | --- |
| Personal development and mutual understanding | Literacy |
| Self-awareness* Feel positive about themselves, and develop an understanding of their self-esteem and confidence.
* Become aware of their strengths, abilities, qualities, achievements, personal preferences and goals.
* Face problems, trying to resolve and learn from them.
* Explore and examine what influences their views, feelings and behaviour.

Feelings and emotions* Begin to recognise, name and manage their feelings and emotions and realise that they are a natural, important and healthy part of being human.
* Examine and explore their own and others’ feelings and emotions.
* Know how to recognise, express and manage feelings in a positive and safe way.

Safety* Know what to do or whom to seek help from when feeling unsafe.
* Know about the potential dangers and threats in the home and environment.
* Develop simple safety rules and strategies to protect themselves from potentially dangerous situations.
* Develop a pro-active and responsible approach to safety.
* Know where, when and how to seek help.
* Be aware of basic emergency procedures and first aid.
 | * Participate in group and class discussions for a variety of curricular purposes.
* Improvise a scene based on experience, imagination, literature, media and/or curricular topics.
* Use traditional and digital sources to locate, select, evaluate and communicate information relevant for a particular task.
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# Pupils with special educational needs (SEN)

# This resource is designed to be differentiated to learners’ needs. The toolkit approach enables teachers of pupils with SEN to adapt and tailor content to their group’s needs. The resources are inclusive to ensure children feel connected to the content.

# Learning opportunities in the Northern Ireland curriculum

# First aid champions offers learning opportunities for young people as part of the curriculum in Northern Ireland.

**Developing as an individual**

To achieve personal fulfilment and individual well-being through living a successful life through developing: personal understanding, mutual understanding, personal health and moral character.

To be concerned for the well-being of others as well as themselves, in their own society and beyond it. Developing their citizenship and ethical awareness.

**Contributor to society**

Learning first aid can contribute to employability prospects.

**Contributor to the economy and the environment**