



Harmful substances



Role play cards: **Harmful substance**
What's happening?

Two friends are babysitting one's younger sibling while their parents are out for the evening. The friends are watching TV while the child is playing upstairs. They go upstairs to put the child to bed. They find the child sitting on the floor leaning on their bed. They don't look well.

Role play cards: **Harmful substance**
Ideas for staging

- Create a fake label showing the information below and attach it to an empty container.
 "Highly flammable. Keep out of the reach of children. If swallowed seek medical help immediately. Ingredients: 20% something, 50% something, also contains this and that."

Roles

- Below are a range of roles - in small groups, each choose a character to play. Ensure each person in the group has a chance to play the role of each character. Or, read through the scenario as a story.
- Spend time getting in and out of role.

Debrief

- Afterwards, spend some time discussing the story. You could think about:
 - What happened to the person who swallowed something harmful? What signs of poisoning did they show?
 - How did the helper help them?
 - What did the bystander do? What could they do in future to become a helper?

Role play cards: **Harmful substance**
Younger sibling

This person has drunk from a bottle that was in the bathroom cupboard. They feel really sick.

They are very young so if their older sibling asks what has happened, they won't be able to tell them much.

They don't know what they drank - only that it came from the bathroom.

Role play cards: **Harmful substance**
Older sibling - helper

This person is babysitting their younger sibling with a friend. It is the child's bedtime and they go upstairs to get them ready. They find their younger sibling sitting on the floor leaning on their bed. They don't look well. They can see they have swallowed something as they have something around their mouth.

They are worried and call their friend to come upstairs. They ask what happened and their sibling just points to the bathroom. They go and they find an open bottle of bleach on the floor. They quickly call 999 and read the ingredients on the bottle to the person on the phone.

Role play cards: **Harmful substance**
Bystander

This person is spending the evening babysitting their friend's younger sibling. Their friend has gone upstairs to get their sibling ready for bed, when they hear their friend call their name.

They go to see what's happening and find their friend with their younger sibling who doesn't look well. Their friend tells you they think the child has swallowed something harmful from the bathroom.

