



Unresponsive and not breathing when an AED is available



Role play cards: **Unresponsive and not breathing when an AED is available**

What's happening?

Two friends have just been to the cinema. They are in the car park looking out for their parents, who are due to pick them up. While they are waiting, they spot an older man collapsing and falling to the floor near the entrance to the cinema.

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Ideas for staging

Roles

Debrief

- Mobile phones
- AED - this could be made from a box, some string and paper
- Below are a range of roles - in small groups, each choose a character to play. Ensure each person in the group has a chance to play the role of each character. Or, read through the scenario as a story.
- Spend time getting in and out of role.
- Afterwards, spend some time discussing the story. You could think about:
 - What happened to the person who is unresponsive and not breathing? What signs of unresponsive and not breathing did they show?
 - How did the helper help them?
 - What did the bystander do? What could they do in future to become a helper?

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Unresponsive person

This person is walking towards the cinema when they start to feel unwell. They fall to the floor.

They are unresponsive and not breathing.

Note: If you choose to act this out, hold your breath for a moment whilst they check your breathing but then breathe normally.

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Helper

This person has been to the cinema with a friend after a busy week at school. It has been a fun evening. They and their friend are just chatting about whether they think the ending of the film was good or not. They are keeping an eye out for their parents, when they see a man stagger and collapse as they approach the cinema.

The person on the floor doesn't move at all. They call to them but still they don't answer. They shake their shoulders and tilt their head back to check if they are breathing, but they cannot hear or see any breath. They call 999. They remember that there is an AED in the cinema and rush to get it. They come back and follow the voice prompts, giving chest compressions by pushing hard and fast in the middle of the chest when it tells them to.

Important: If you decide to give chest compressions, swap the person on the floor for a manikin or something you can press on. Don't give chest compressions to the actual person playing the role.

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Bystander

This person is waiting for their parents to pick them up after seeing a film with their friend. They are debating the end of the film and think they might have to agree to disagree about whether the ending was good.

Suddenly, their friend spots a man collapsing as they walk towards the cinema.

