

Stroke



Role play cards: **Stroke**

What's happening?

A brother and sister are out with their grandma. They have walked down to the shops to get some supplies and are now having a snack at a café and catching up.



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Ideas for staging and props

- Use chairs and tables to create a café scene.

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Grandma

You are out for the afternoon with your grandchildren and have stopped for a snack at a café.

You have a sudden, severe headache. You start to lose control of the left side of your body and the left side of your mouth begins to droop.

Your vision goes all blurry. You are really scared and confused but you can't seem to express yourself.

Note: If your grandchildren ask how you are, you have trouble speaking clearly to them. If asked, you will only be able to lift your right arm.

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Helper

You are spending the afternoon with your grandma and sibling.

You've stopped for a sit down in a café, when you notice your grandma looking unwell.

She has slumped to her left and her face is sagging. She seems confused and unable to clearly answer your questions. You go to help.

How are you feeling: *You are feeling panicked and scared about what is happening to your grandma. You realise that you must quickly overcome your fear and stay calm to help her.*

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Bystander

You are spending the afternoon with your grandma and sibling. You've stopped for a sit down in a café. Your sibling notices that your grandma looks unwell.

You're a bit concerned but grandma is really healthy. You wonder if she's just a bit flustered. It is a hot day and you have been walking for a while. You're sure it's nothing and will pass.

How are you feeling: *You are very self-conscious and worried what everyone in the cafe will think if you make a fuss over nothing.*