



# Burns



Role play cards: **Burns**

## What's happening?

A parent is cooking a family dinner. The kitchen is busy and noisy with people walking in and out all the time. The meal is almost ready to serve - the vegetables just need draining. Everyone is in a rush to eat as both children have evening clubs to get to.

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## Ideas for staging and props

- Create a kitchen scene by rearranging tables to use as worktops.
- Put a pot and some cling film in your kitchen scene. Don't fill the pot with water.
- Start with the parent turning off the hob under the hot pan of vegetables.

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## Runner

You are serving up dinner for your family. You take a large pan off the cooker and move towards the sink to drain it. The pan is full of vegetables in boiling water - so it's really hot.

One of your children accidentally knocks into you. You drop the pan, spilling the extremely hot water down your leg and over the kitchen floor.

**How you're feeling:** *It's agony and you can't think straight. You have no idea what to do.*

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## Helper

You walk into the kitchen to give your parent a hand preparing dinner; you can see they could use some help – there's a lot going on this evening.

Your sibling rushes in to kitchen and knocks your parent just as they are about to drain the vegetable pan. The boiling water spills down your parent's leg and all over the floor. Your parent is in a lot of pain and very upset. You go to help.

**How you are feeling:** *You are scared to see your parent in so much pain, but remain calm and take control of the situation.*

**Note:** You're in the kitchen, but there is a downstairs bathroom nearby with a sink, bath and shower. There is also cling film in a kitchen drawer.

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## Bystander

You're hungry and want to eat dinner quickly and get out to your club. You are moving quickly through the kitchen and knock into your parent while they are holding the vegetable pan. Your parent drops the pan and boiling water spills over their leg and the floor. They are in a lot of pain and very upset.

You suggest that nothing needs to be done. Your parent can just sit or lie down. If it's that bad then someone should call 999. The paramedics will know what to do and will sort it out when they arrive.

**How you are feeling:** *You are impatient to get out of the house and are annoyed that this may now be delayed.*