



Broken bone



Role play cards: **Broken bone**

What's happening?

Two young people are riding to school on their bikes. The bike lane is on a pavement and it's really busy this morning.

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Ideas for staging and props

- Wear coats or other clothing you could use as padding and support.
- Mock up some sets of handlebars using cardboard.

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Rider who falls

You are cycling in the bike lane when without warning a person walks in front of you. You swerve to avoid them and lose control of your bike. You fall and land heavily on your arm.

Your forearm is in a lot of pain. It doesn't look normal and seems bent. When you try to move, it really hurts.

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Helper

You're walking to school, when you step into the bike lane without thinking. A cyclist almost hits you but swerves to avoid you. They fall off the bike and injure their arm.

You're really apologetic. You talk to the cyclist to find out whether they are hurt. Their forearm doesn't look normal and seems bent. You go to help.

How you are feeling: *You feel guilty about causing an accident and want to help this person.*

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Bystander

You're cycling behind your friend when a person suddenly walks in front of them. Your friend swerves to avoid hitting them and falls off their bike.

You realise that your friend has hurt their arm and you're angry that this person has caused the accident – they did step into the bike lane after all. You're really defensive of your friend and want to give the pedestrian a piece of your mind.

How you are feeling: *You are angry and frustrated that pedestrians don't pay more attention to bike lanes. It makes you so cross. You don't notice that the person feels guilty and is trying to help your friend.*