



Unresponsive and not breathing when an AED is available



Role play cards: **Unresponsive and not breathing when an AED is available**

What's happening?

Two friends have just been to the cinema. They are in the car park looking out for their parents, who are due to pick them up. While they are waiting, they spot an older man collapsing and falling to the floor near the entrance to the cinema.

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Ideas for staging and props

- Mobile phones
- Bucket of popcorn or sweets
- AED - this could be made from a box, some string and paper

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Unresponsive person

You are walking towards the cinema when you start to feel unwell. You fall to the floor and end up on your back. *Place a mat or padding on the floor to fall on to.*

You're unresponsive and not breathing.

If anyone tries to wake you, don't respond. Remain relaxed and floppy.

If anyone tries to check your breathing, stop breathing for a moment and make sure your chest doesn't rise and fall

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Helper

You've been to the cinema with a friend after a busy week at school. It has been a fun evening. You and your friend are just chatting about whether you think the ending of the film was good or not. You're keeping an eye out for your parents, when you see a man stagger and collapse as he approaches the cinema.

He doesn't move at all. You don't know what is wrong with him, but you think it's clear he isn't well. He is on his own. You decide to go and help him.

How you are feeling: You're worried but determined. It is fairly late and you don't know this man but he's alone and seems to be in a bad way.

Important: If you decide to give chest compressions, swap the person on the floor for a manikin or something you can press on. Don't give chest compressions to the actual person playing the role.

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Bystander

You're waiting for your parents after seeing a film with your friend. You're debating the end of the film and think you might have to agree to disagree about whether you both liked it or not. It is a good start to the weekend, but you're ready to go home to bed.

Suddenly, your friend spots a man collapsing as he walks towards the cinema. Your friend thinks this could be a serious situation and that you should both go over to see what you can do. You're not sure.

How you are feeling: *You are nervous about stepping in to help but your friend seems really certain that you should. You don't want to let them down.*

