



Unresponsive and breathing



Role play cards: **Unresponsive and breathing**

What's happening?

Two friends are at a summer music festival. They've been on their feet all day and are tired. They walk away from the arena, looking for somewhere a bit quieter. They find someone lying still on the grass.

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Ideas for staging and props

- Clear some space for the friends to find the person lying on the ground.
- You could put some music on in the background.
- The two friends can be in a buoyant, happy mood, even though they are tired – it's a great festival.

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Unresponsive person

You're unresponsive but breathing. Lie on the floor on your back. Make sure it's clear that you are breathing. As you breathe make sure your chest rises and falls and that your breath is obvious. If anyone tries to wake you, don't respond. Remain relaxed and floppy.

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Helper

You and a friend have been at a music festival for the day. You're tired and trying to find somewhere quiet to relax. As you turn a corner you find someone lying on the ground. They look as if they have collapsed. You definitely don't think they are having a nap. You are very worried about them. You go to help them. **How you are feeling:** *You want to help the person and make sure they're okay.*

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Bystander

You and your friend are having a great time at a festival. You think you see a good place to sit down for a while and rest, but when you get closer, you see someone who has passed out. Suggest to your friend that it's not your problem – there are lots of other people around and no one else is helping. Security will find them sooner or later and they're probably just drunk. **How you are feeling:** *You really just want to have fun and not get caught up in any drama.*

