



# Unresponsive and breathing



Role play cards: **Unresponsive and breathing**

## What's happening?

Two friends are at a summer music festival. They've been on their feet all day and are tired. They walk away from the arena, looking for somewhere a bit quieter. They find someone lying still on the grass.

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## Ideas for staging

- Clear some space for the friends to find the person lying on the ground.
- You could put some music on in the background.
- Below are a range of roles - in small groups, each choose a character to play. Ensure each person in the group has a chance to play the role of each character. Or, read through the scenario as a story.
- Spend time getting in and out of role.
- Afterwards, spend some time discussing the story. You could think about:
  - What happened to the person who is unresponsive and breathing? What signs of unresponsive and breathing did they show?
  - How did the helper help them?
  - What did the bystander do? What could they do in future to

## Roles

## Debrief

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## Unresponsive person

This person is unresponsive but still breathing. They are lying on the floor on their back.

It is clear they are breathing. People can see their chest moving. But if anyone tries to wake them, they don't respond.

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## Helper

This person has been at a music festival for the day with their friends. They are tired and trying to find somewhere quiet to relax. As they turn a corner they find someone lying on the ground. They look as if they have collapsed. They definitely don't think they are having a nap.

They check it's safe, and call their friend over to come with them. They call to the person but they don't respond. They know that festivals normally have first aiders around but they don't want to leave the person.

They look the same age as them. They tap their shoulders and check to see if they are breathing by tilting their head back and checking for breathing. They hear they are breathing and so they roll them onto their side and tilt their head back so they can breathe. They call 999.

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## Bystander

This person is at a festival with their friend. They are having a great time. Their friend is looking for a place to sit down and rest and they call them over. When you get there you see someone your age passed out on the floor.

