

# Poisoning



Role play cards: **Bleeding heavily**

## What's happening?

Two friends are babysitting one's younger sibling while their parents are out for the evening. The friends are watching TV while the child is playing upstairs. They go upstairs to put the child to bed. They find the child sitting on the floor leaning on their bed. They don't look well.

Role play cards: **Poisoning**

## Ideas for staging and props

- Arrange the furniture so the younger brother or sister can sit on the floor and lean against something.
- Create a label showing the information below and attach it to an empty container.

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## Younger brother or sister

You have drunk from a bottle that was in the bathroom cupboard. You feel so sick that you're going to cry.

You're very young so if your older sibling and their friend ask what has happened, you won't be able to tell them much.

You don't know what you drank - only that it came from the bathroom.

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## Older sibling - helper

Irritating to eyes. Irritating to skin.  
Keep out of the reach of children.  
Avoid contact with eyes. In case of contact with eyes, rinse immediately with plenty of water and seek medical advice. If swallowed, seek medical advice immediately and show them this container or label. Do not mix with strong acids, strong bases, nonferrous heavy metals or their salts.

You and a friend are babysitting your younger sibling. It is their bedtime and you go upstairs to get them ready. You find your younger sibling sitting on the floor leaning on their bed. They don't look well. You can see they have swallowed something as they have something around their mouth. You call for your friend. You go to help.

**How you are feeling:** *You're really scared, but know you need to act quickly. You feel guilty about letting your parents down – they trusted you to look after your younger sibling, but getting help is more important than feeling bad.*

**Information:** If either you or your friend looks in the bathroom, you will find an open bottle of toilet cleaner. The information on the bottle reads:

Ultra Plus Toilet Cleaner Ingredients: Less than 5%: Non-Ionic Surfactants.  
Contains: Perfumes (Limonene). Also contains: Organic Acid, Colours.

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## Bystander

You are spending the evening babysitting your friend's younger sibling. Your friend has gone upstairs to get their sibling ready for bed, when you hear them call your name.

You go to see what's happening and find your friend with their younger sibling who doesn't look well. Your friend tells you they think the child has swallowed something harmful from the bathroom.

You don't want to call for help. You were both meant to be looking after the little one and you've messed up. You're going to be in a ton of trouble for this. You think they're probably going to be alright anyway.

**How you are feeling:** *You don't want to get in trouble – you have gotten in trouble a few times recently. You know your friend is really worried but you are more concerned about what might happen to you.*