#### Links to the curriculum in Northern Ireland - secondary

First aid champions can be delivered as a minimum of two sessions, or over multiple sessions. The toolkit style resource is designed for you to pick and choose content to tailor the sessions to your classes.

Choose activities from the following modules:

* Introduction – choose from [introductory activities on the homepage](https://firstaidchampions.redcross.org.uk/secondary/) and on the landing pages of each module
* [First aid skills](https://firstaidchampions.redcross.org.uk/secondary/first-aid-skills/) – chose from 17 first aid skills relevant to young people
* [Helping others](https://firstaidchampions.redcross.org.uk/secondary/helping-others/) – explore the bystander effect, what inspires people to help and the qualities of those who help others
* [Safety and well-being](https://firstaidchampions.redcross.org.uk/secondary/safety-and-wellbeing/) – learn coping skills, explore how to stay safe and well when helping others, and how to call for help
* Explore ideas for young people to [remember and then share](https://firstaidchampions.redcross.org.uk/secondary/share-and-remember/) their learning with others.

First aid champions contributes to elements of the Curriculum in Northern Ireland. By taking part in First aid champions, young people can develop their learning in the following subject areas; below are suggested curriculum links.

|  |  |
| --- | --- |
| Learning for life and work | Literacy |
| Self-awareness  Exploring Self Awareness provides opportunities to consider the importance of self-confidence and self-esteem to physical and emotional/mental health throughout life.   * Explore and express a sense of self, for example, feelings and emotions, personal responsibility, personal needs, etc. * Explore personal morals, values and beliefs, for example, developing a moral framework, personal integrity etc. * Investigate the influences on a young person, for example, media, fears, anxieties and motivations etc. * Explore the different ways to develop self-esteem, for example, developing resilience, new skills, learning to recognise achievement, etc.   Learning outcome: develop an awareness of emergency first aid procedures.   * develop an understanding of how to maximise and sustain their own health and well-being * reflect on, and respond to, their developing concept of self, including managing emotions and reactions to on-going life experiences * recognise, assess and manage risk in a range of real-life contexts   Local and global citizenship   * identify and exercise their rights and social responsibilities in relation to local, national and global issues   Learning outcomes   * show deeper understanding by thinking critically and flexibly, exploring problems and making informed decisions, using ICT where appropriate * work effectively with others | * expressing meaning, feelings and viewpoints * talking to include debate, role-play, interviews, presentations and group discussions * listening actively and reporting back * •reading and viewing for key ideas, engagement and empathy * presenting in different media and for different audiences and purposes * participating in a range of drama activities   **Learning outcomes**   * show deeper understanding by thinking critically and flexibly, solving problems and making informed decisions, using and ICT where appropriate * work effectively with others * demonstrate self-management by working systematically, persisting with tasks * communicate effectively |

# Pupils with special educational needs (SEN)

# This resource is designed to be differentiated to learners’ needs. The toolkit approach enables teachers of pupils with SEN to adapt and tailor content to their group’s needs. The resources are inclusive to ensure young people feel connected to the content.

# Learning opportunities in the Northern Ireland curriculum

# First aid champions offers learning opportunities for young people as part of the curriculum in Northern Ireland.

**Developing as an individual**

To achieve personal fulfilment and individual well-being through living a successful life through developing: personal understanding, mutual understanding, personal health and moral character.

To be concerned for the well-being of others as well as themselves, in their own society and beyond it. Developing their citizenship and ethical awareness.

**Contributor to society**

Learning first aid can contribute to employability prospects.

**Contributor to the economy and the environment**